

Melissa R. Witkow

Willamette University
Department of Psychology
900 State St.
Salem, OR 97301
(503) 370-6425
mwitkow@willamette.edu

Education

- Ph.D. Developmental Psychology, UCLA, 2006
Dissertation: A delicate balance: How adolescents negotiate time with their friends and time on schoolwork on a daily basis
Minors: Social Psychology; Measurement and Psychometrics
- M.A. Developmental Psychology, UCLA, 2001
Thesis: School Engagement Homophily of Same-Ethnicity Friends
- B.A. Psychology, Pomona College, 2000
Thesis: Achievement, Goal Orientation, and Self-Handicapping over the Transition to Junior High

Academic Positions

Department Chair, Department of Psychology, Willamette University, 2015-2018
Associate Professor, Department of Psychology, Willamette University, 2013-current
Assistant Professor, Department of Psychology, Willamette University, 2007-2013
Assistant Professor, Department of Psychology, Eastern Michigan University, 2011-2013 (y)19.06033(7)-0.956417(2)-

Nishina, A., Bellmore, A., Witkow, M.R., Nylund-Gibson, K., & Graham, S. (2018). Mismatches in self-reported and meta-perceived ethnic identification in high school. *Journal of Youth and Adolescence*, 47(1), 51-63.

Kiang, L. & Witkow, M.R. (2017). Daily associations between adolescents' race-related experiences and family processes. In Y. Choi & H. C. Hahm (Eds.). *Asian American Parenting: Family Process and Intervention* (pp. 117-142). USA: Springer.

Witkow, M. R., **Rickert, N. P., & Cullen, L. E.** (2017). Daily school context of adolescents' single best friendship and academic and social adjustment. *Journal of Genetic Psychology*, 178(2), 119-132.

Kiang, L., Witkow, M. R. & Thompson, T. (2016). Model Minority Stereotyping, Perceived Discrimination, and Adjustment among Adolescents from Asian American Backgrounds. *Journal of Youth and Adolescence*, 45, 1366-1379.

Stevens, C., Witkow, M. R., **Smelt, B.** (2016). Strengthening scientific reasoning skills in Introductory Psychology: Evidence from community college and liberal arts classrooms. *Scholarship of Teaching and Learning in Psychology*, 2(4), 245-260.

Sutter, C., Nishina, A., Witkow, M. R., & Bellmore, A. (2016). Associations between Adolescents' Weight and Maladjustment Differ with Deviation from Weight Norms in Social Contexts. *Journal of School Health*, 86(9), 638-644.

Thompson, T. L., Kiang, L., & Witkow, M. R. (2016). "You're Asian; You're supposed to be smart": Adolescents' experiences with the model minority stereotype and longitudinal links with identity. *Asian American Journal of Psychology*, 7(2), 108-119.

**Winner of the 2016 AAJP Best Paper Award

Bower, A., Nishina, A., Witkow, M.R., & Bellmore, A. (2015). Nice Guys and Gals Finish Last? Not in Early Adolescence when Empathic, Accepted, and Popular Peers are Desirable. *Journal of Youth and Adolescence*, 44(12), 2275-2288.

Kiang, L., Witkow, M. R., Gonzales, L. M., Stein, G. L. & Andrews, K. (2015). Changes in academic aspirations and expectations among Asian American adolescents. *Asian American Journal of Psychology*, 6(3), 252-262.

Kiang, L. & Witkow, M. R. (2015). Normative changes in meaning in life and links to adjustment in adolescents from Asian American backgrounds. *Asian American Journal of Psychology*, 6(2), 164-173.

Witkow, M. R., Huynh, V., & Fuligni, A. J. (2015). Understanding differences in college persistence: A longitudinal examination of financial circumstances, family obligations, and discrimination in an ethnically diverse sample. *Applied Developmental Science*, 19(1), 4-18.

Rickert, N., Meras, I., & Witkow, M. R. (2014). Theories of Intelligence and Students' Daily Self-Handicapping Behaviors. *Learning and Individual Differences, 36*, 1-8.

Stevens, C. & Witkow, M. R. (2014). Training scientific thinking skills: Evidence from an MCAT²⁰¹⁵ aligned classroom module. *Teaching of Psychology, 41*(2), 115-121.

Kiang, L., Witkow, M. R., & Champagne, M. (2013). Normative Changes in Ethnic and American Identity and Links with Adjustment Among Asian Adolescents. *Developmental Psychology, 49*(9), 1713-1722.

Witkow, M. R., Gillen-O'Neel, C. & Fuligni, A. J.

Kiang, L., Yip, T., Gonzales-Backen, M., Witkow, M., Fuligni, A. J. (2006). Ethnic identity and the daily psychological well-being of adolescents from Mexican and Chinese backgrounds. *Child Development*, 77(5), 1338-1350.

Bellmore, A. D., Witkow, M. R., Graham, S., Juvonen, J. (2005). From beliefs to behavior: The mediating role of hostile response selection in predicting aggression. *Aggressive Behavior*, 31(5), 453-472.

Fuligni, A. J., Witkow, M., & Garcia, C. (2005). Ethnic identity and the academic adjustment of adolescents from Mexican, Chinese, and European backgrounds. *Developmental Psychology*, 41(5), 799-811.

Nishina, A., Juvonen, J. & Witkow, M. R. (2005). Sticks and stones may break my

Description of activities and evaluation. Poster presented at the National Institute on the Teaching of Psychology, Florida, January.

Sutter, C., Harneed, M., Uresti, A., de Guzman, N., Bellmore, A., Witkow, M. R., & Nishina, A. (2016). *Predictors of eighth graders' peer food exchanges during lunchtime at school.* Poster presented at the biennial meeting for the Society for Research on Adolescence, Baltimore, March.

Witkow, M. R., Stevens, C., **Smelt, B.**, & Becker-Blease, K. (2016). *A pre-test/post-test evaluation of scientific thinking modules for Introductory Psychology in two distinct college environments.* Poster presented at the annual meeting for the Association for Psychological Science, Chicago, May.

Becker-Blease, K., Stevens, C., Witkow, M.R., & **Richards, K.** (2015).

Rickert, N., Meras, I., & Witkow, M.R. (2013). *Implicit theories of intelligence and daily school behaviors*. Poster presented at the biennial meeting of the Society for Research on Child Development, Seattle, April.

Witkow, M. R., **Rickert, N., Gnerre, B., Wurster, M. E., & Stewart, K.** (2012). *To drive or not to drive: Adolescent autonomy and decision-making about driving*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Vancouver, March.

Wurster, M. E. & Witkow, M. R. (2012). *Facebook and the social transition from high school to college*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Vancouver, March.

Role of Mentors and Social Support. Paper presented at the biennial meeting of the Society for Research on Child Development, Denver, CO, April.

Kiang, L., Witkow, M. R., Baldelomar, O., & Fuligni, A. J. (2008). *Change in ethnic identity across the high school years among adolescents with Latin American, Asian, and European backgrounds*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL, March.

Nishina, A., Witkow, M. R., & Bellmore, A. (2008). *Boys' and girls' physical development and classroom aggression*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL, March.

Witkow, M. R. & Fuligni, A. J. (2008). *Daily time use across the high school years among an ethnically diverse sample of adolescents*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL, March.

Fuligni, A. J., Witkow, M. R., Kiang, L., & Baldelomar, O. A. (2007). *Ethnic labeling among adolescents from immigrant families in the United States across the high school years*. Paper presented at the biennial meeting of the Society for Research on Child Development, Boston, MA, March.

Witkow, M. R. & Fuligni, A. J. (2007). *Achievement goals, daily school experiences, and school adjustment among ethnically diverse adolescents*. Poster presented at the biennial meeting of the Society for Research on Child Development, Boston, MA, March.

Witkow, M. R. & Fuligni, A. J. (2007). *In-school versus out-of-school friendships and academic achievement during adolescence*. Poster presented at the biennial meeting of the Society for Research on Child Development, Boston, MA, March.

Nishina, A., Bellmore, A., Witkow, M. R., Nylund, K. (2006). *Who am I? The development of ethnic identification in a multi-ethnic society*. Poster presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA, March.

Fuligni, A., J. & Witkow, M. (2005). *Ethnic identity and academic motivation among adolescents from immigrant families*. Paper presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA, April.

Witkow, M. R., Flook, L., Hardway, C., & Fuligni, A. J. (2005). *Balancing daily time with friends and family during adolescence: Consequences for well-being*. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA, April.

Witkow, M. R. & Fuligni, A. J. (2005). *Balancing the peer and school domains during adolescence: When studying makes me feel like a bad friend*. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA, April.

Nishina, A., Witkow, M. R., Bellmore, A. D., Juvonen, J., & Graham, S. (2004). *Physical development and aggression in the classroom: Beliefs and behavior in early adolescence*. Paper presented at the biennial meeting of the International Society for Research on Aggression, Santorini, Greece, September.

Witkow, M. R. & Ho, A. Y. (2004). *Ethnicity and goal orientation in middle school*. Paper presented at the annual meeting of the American Educational Research Association, San Diego, CA, April.

Bellmore, A., Witkow, M., Nishina, A., Graham, S., & Juvonen, J. (2004). *The role of classroom ethnic context in predicting bias in peer nominations*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD, March.

Fuligni, A. J. & Witkow, M. (2003). *Family obligation and academic motivation*. Paper presented at the Biennial Meeting of the Society for Research in Child Development, Tampa, FL, April.

Nishina, A., Juvonen, J., Witkow, M., & Federoff, N. (2003). *Victimized by peers and feeling sick: Implications for school adjustment difficulties*. Paper presented at the Biennial Meeting of the Society for Research in Child Development, Tampa, FL, April.

Bellmore, A. D. & Witkow, M. R. (2002). *Contextual influences on the role of aggressive beliefs in predicting early adolescents' aggressive behavior*. Poster presented at the 17th biennial meeting of the International Society for the Study of Behavioral Development, Ottawa, Ontario, Canada, August.

Witkow, M. R. & VanBuren, E. (2002). *Classroom ethnic composition and similarity of friendships*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL, August.

Invited Talks

Stevens, C. & Witkow, M. R. (2017). *Promoting foundational scientific reasoning skills in Introductory Psychology: Findings from an NSF-IUSE curriculum grant*. Talk given at the Willamette University Faculty Colloquium, Salem, OR, April.

Witkow, M. R. (2012). *A license to drive: Driving and adolescent autonomy*. Talk given at the University of Oregon developmental area colloquium, Eugene, OR, May.

Teaching Experience

Associate Professor, Willamette University

Adolescent Development, Spring 2014, Spring 2018

College Colloquium: Cultural Differences in Parenting, Fall 2013

Introduction to Psychology, Spring 2014, Fall 2016, Spring 2017 (x2), Spring 2018

Lifespan Development, Fall 2013, Spring 2016, Fall 2016, Fall 2017

Research Methods and Analysis, II, Fall 2015, Fall 2017
Seminar in Race, Ethnicity, Culture and Development, Spring 2014, Fall 2015, Fall 2016

Assistant Professor, Willamette University

Adolescent Development, Spring 2008, Fall 2009, Spring 2012
College Colloquium, Making the Grade: Achievement, Motivation and Academic
Success, Fall 2008, Fall 2009
College Colloquium: Cultural Differences in Parenting, Fall 2013
Introduction to Psychology, Fall 2007, Spring 2008, Fall 2009, Fall 2010, Spring 2012
Lifespan Development, Fall 2007, Spring 2009, Fall 2010, Fall 2011, Fall 2012, Fall
2013
Research Methods and Analysis, II, Spring 2009, Spring 2011, Fall 2012
Seminar in Peer Relationships, Fall 2007
Seminar in Race, Ethnicity, Culture and Development, Spring 2011, Spring 2013

Assistant Professor, Eastern Michigan University

Developmental Psychology (Graduate), Fall 2006
Introductory Experimental Psychology (Undergraduate), Winter 2007
Quantitative Methods in Psychology (Undergraduate), Fall 2006, Winter 2007

Instructor, UCLA

Introduction to Psychology, Summer 2005

Dissertation Committees

- 2014 Interdisciplinary Human Sciences Initiative, Willamette University, (2014-2015).
Implicit discrimination: Understanding the ways in which teacher perceptions of students vary according to individual and peer group characteristics, \$4500.
- 2013 Atkinson Faculty Development Award, Willamette University (2013-2014). *Autonomy and Driving During Adolescence*, \$2500.
- 2012 Interdisciplinary Human Sciences Initiative, W

Educational Psychology Review
Educational Research and Evaluation
Interactive Learning Environments
International Journal of Behavioral Development
Journal of Adolescence
Journal of Early Adolescence
Journal of Educational Psychology
Journal of Experimental Education
Journal of Research on Adolescence
Learning and Individual Differences
New Directions for child and Adolescent Development
Psychological Reports
Social Development
Social Science Research
Youth and Society

Conferences

Society for Research on Adolescence Biennial Conference: 2010 Peer Relations and Peer Influence panel
Society for Research on Child Development Biennial Conference: 2011 Adolescence: Social and Personality Processes panel
Society for Research on Adolescence Biennial Conference: 2012 Emerging Adulthood and Transition to Adulthood panel
Society for Research on Child Development Biennial Conference 2013: Education: School Context, Extra-Curricular, Enrichment, Physical Education, Remediation, Success, Educational Media panel
Society for Research on Adolescence Biennial Conference 2016: Peer Relations panel
Society for Research on Child Development Biennial Conference 2017: Social Relationships Panel

Textbooks

Psychological Science: Modeling Scientific Literacy

Guest Editor

With Adrienne Nishina, *Journal of Early Adolescence*, Special Issue: Biracial, Multiracial, and Multiethnic Adolescents

Society Memberships

Society for Research on Adolescence
Society for Research on Child Development

Other Activities

Pomona College alumni volunteer admissions interviewer