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We are working towards a society where anyone and everyone can choose the pronouns that feel best for their own identity, whether they identify as a man, woman, agender, or fluid between the binary. The following guide is a starting point for using pronouns respectfully.

If the person you are referring to is a stranger or brief acquaintance (like a server, a cashier, ect.) you may not need to know.

If the person is a classmate, student, or coworker, for example, it is best to ask. Try:

- < "What pronouns do you use?"
- < "How would you like me to refer to you?"
- < "How would you like to be addressed?"
- < "My name is Alex and my pronouns are she and her. What about you?"

Remember that people may change their pronouns without changing appearance, their name or gender identity. Try making pronouns an routine part of introductions or check-ins.

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