

Institute for Continued Learning Digest

Welcome to the 48th Edition of th

Wondering what to do with long-overdue library books? Seeing overdue or lost book notices for books you have at home right now? We have one

Co-developed by the Museum of Natural and Cultural History and [Oregon Black Pioneers](#), the exhibit illuminates legacies of racism and the unceasing efforts of Oregon's Black communities to bring about change.

Through photographs, recorded interviews, and historical archives, *Racing to Change* explores how racist policies and attitudes created a pressing need for bold civil rights activism in Eugene. Firsthand accounts from movement organizers, former UO students, elected officials, and other members of Oregon's Black communities paint a vivid picture of the area's past, and urge us to take part in building a more just future. While focused on the 20th century, the exhibit also illuminates a longer history of exclusion and resistance through historical documents dating back to the nineteenth century. [More info](#)

[NEW! Visit the exhibit online.](#)

LOVE YOUR LUNGS: STOP WOOD SMOKE POLLUTION

Between COVID and winter weather and the recent ice storm, most of us have been hunkered down at home, spending more time indoors now than perhaps at any other time in our lives. During wintertime that often means lighting a fire in our fireplace or gathering around a fire pit.

According to the EPA, burning 10 pounds of wood generates 4,300 times more carcinogens into the air we breathe than smoking 30 cigarettes. This can be especially harmful for vulnerable people in our neighborhood, and anything we can do to reduce wood smoke pollution will help our health and our planet.

Wood smoke, decreased air quality, and pollution are linked to health problems like asthma, cardiac arrest, and cancer. Wood smoke also harms our lung's ability to fight respiratory illnesses, like COVID-19. One type of pollutant emitted from burning wood, PM 2.5, is so small that it can be inhaled deep into your lungs and into your bloodstream.

For your health and the health of your neighbors, pledge now to stop burning recreational fires this winter. Not burning fires is one simple